TOASTMASTERS INTERNATIONAL

The Founder

www.foundersdistrict.org

DECEMBER 2017

WHERE LEADERS ARE MADE



Founder's District
Leader-Messages

Clubs Celebrate
Milestones

News from the
Divisions

HALL OF FAME
RECOGNITION

Wanted:
Volunteers

LACE
Registration

...and MORE!

Founder's District:
The Birthplace of Toastmasters

HAPPY HOLIDAYS FROM THE FOUNDER



Marie's youngest daughter, Ariana Isbell, Marie's mom, Claire Hulett, and Marie's big brother, Phil Hulett at recent holiday get together.

Marie Hulett, DTM
Editor in Chief of *The Founder*

Another Year is Over

When I was a little girl, years took FOREVER to come and go. Waiting for each holiday season to come around seemed like an eternity. All the adults in my life warned me that the feeling I described wouldn't last and that in no time at all, years would vanish in a blink of an eye. How right they were!

It seems like I just put together the holiday edition of *The Founder*, and now I am working on it again. I'd like to thank all the contributors who made sure to submit interesting and informative columns throughout the year and I am looking forward to receiving even more next year, not just from the District Team, but from regular members who have special stories to share about their Toastmaster Journey and how being a member has led to positive change.

As we enter the holiday season and a brand new year, please enjoy the people in your lives and recognize that your time with them is truly fleeting. I am lucky enough to still have my mom, who at 83 years of age has battled multiple myeloma, amyloidosis, a quadruple bypass, two heart valve replacements, and more. She continues to leave her doctors astonished in the fact that she is such a fighter and is still with us! One doctor joked with her and said, "I guess they are not ready for you upstairs, and they are afraid of you downstairs!" (That was in reference to my mom's tenacious attitude!)

Attitude is everything, whether you are fighting life-threatening illnesses, trying to get a promotion, or making a speech at your Toastmasters club. Take the bull by the horns and don't let anything stop you.

I've followed in my mom's footsteps in terms of attitude. A few years ago, as a woman in my 50s, I decided to go back to school and get my doctoral degree. Believe me, it has not been easy and I have fought hard to do well and achieve my goal. In March, I will be defending my dissertation and I am so excited. Of course, I couldn't have done it without the support of my family, friends, and coworkers; they have all taken this journey with me and I thank them.

I hope that all of you will find your own tenacity and take on the world to achieve your dreams. Enlist the help of your loved ones and keep moving forward until you are there. Even long-term goals, such as completing a college degree, are doable at any age. Remember, years come and go quickly, so don't think it will take too long. Make 2018 the year to begin something GREAT! Happy Holidays.

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TOASTMASTERS INTERNATIONAL
WHERE LEADERS ARE MADE

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Founder's District Mission

We build new clubs and support all clubs in achieving excellence.
www.foundersdistrict.org

The information in this newsletter is for the sole use of Toastmasters members for Toastmasters business only. It is not to be used for solicitation and distribution of non-Toastmasters materials or information.

Toastmasters International Mission

We empower individuals to become more effective communicators and leaders.
www.toastmasters.org

Season's Greetings



From
Daniel Cossack, DTM
District Director
Create Yourself!

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Diana Dee, DTM, Ph.D.
Program Quality Director

Why Embrace Pathways?

What is the WHY of Toastmasters?

The Toastmasters International Mission is: "We empower individuals to become more effective communicators and leaders."

The Toastmasters International Envisioned Future: "To be the first-choice provider of dynamic, high-value, experiential communication and leadership skills development."

In his book "Start with Why," Simon Sinek describes how businesses that focus on their "Why" evolve and develop, while businesses that focus on "What" become dinosaurs and are replaced by business that supply more modern methodology. Passenger trains were replaced by airplanes. Land line phones and flip phones were replaced by smart phones.

When the Toastmasters' Board of Directors focused on the WHY, they decided that a revitalized education program was necessary. The current education program is quite good. A train will get you from city A to city B. But if Toastmasters does not adopt better methods, it will be replaced by something better offered by a different organization.

Juan Carlos Velazquez, DTM, on page 11 of the November 2017 Toastmaster Magazine, discovered an analogy between the change from using the current education program to using Pathways and the change from driving an old car to driving a new car. The old car is comfortable and familiar, and the change to a new car involves learning new technology. The change from old to new is challenging and at first uncomfortable because it is different, but the new car offers a better ride. Do you remember the last time you changed your car? The change did not take very long, did it? Converting to Pathways may be just as easy.

I believe that when we see what is inside of Pathways, we will rejoice at the improvement, and embrace the change.



Diane Brown makes Pathways Guide presentation to Tongue Tamers Toastmasters Club.



Lori Shapiro, DTM

Club Growth Director

Club Growth Report

Fellow Founder's District Toastmaster Club Members: I spent two weeks in Ireland in October, complete with a blast of Hurricane Ophelia blowing past our hotel in Kinsale (that was fun!), knocking out power for two days. I searched high and low to find a Toastmasters Club that met during my stay there and found one in Dublin – the Glasnevin Toastmaster Club #5658. They meet every other Monday, from 8-10pm in a room at a local hotel. What a great meeting. And, guess what – they had Speeches, Table Topics and Evaluations. There were 6 guests. I was warmly welcomed and even was their Ah/Um counter. What a thrill to be so far from home, but feel like I WAS at home. I even had one of their members give me a ride back to our hotel, 20 minutes out of her way. We belong to a wonderful organization – take advantage of all that it has to offer.



Glasnevin Toastmasters Club

We are a third of the way through our Toastmaster year. Are you achieving your Toastmaster goals? Is your club positioned to become a Distinguished Club this year (lots of great incentives to help get you there - go to http://foundersdistrict.org/incentives)?

We have had a few clubs qualify for the Join the Club Award – have an Open House and add two new members within the next two club meetings, and submit that information to openhouse@foundersdistrict.org - congratulations to ZotSpeak and Ingram Microphones! It is not too late for your club to submit the information to earn this incentive. All clubs should regularly schedule Open Houses – every 3-4 months, and bring in guests. Always work to grow your club. Remember, 40% of your members will leave your club every year (a true statistic from Toastmasters International).

Did you know we offer MONTHLY workshops at our Learning Labs, held the first or second Sunday afternoons 1-4pm at Mesa Verde United Methodist Church? Come and learn how to hold a successful Open House, convert Guests to Members, Navigate Club Central, Ask the Expert, Pathways Nuts and Bolts and more. Watch your email for specific times and topics.

Are you a seasoned Toastmaster looking for another challenge? Become a Club Coach,

or a New Club Mentor or Sponsor. Come to Learning Labs to learn about the requirements. We have 40 clubs with 12 or less members. Challenge yourself and use your skills to build these clubs up to 20 members (charter strength!) and Distinguished. To learn more about becoming a coach, send an email to our Club Coach Chair, Randy Kleinman, ghandialf2@gmail.com.

Stretch yourself and help your club be successful. I heard a quote this month that I have to share. Helen Blanchard, the first female International President said it best. "If you get out of Toastmasters all there is to get out of Toastmasters, you'll never get out of Toastmasters."

Grow yourself, Grow your Club and help us Grow the District.

If you are the FIRST person to read this column and email me by December 31, 2017, I will send you a **Pack of Table Topic Cards**! Contact me at cgd@foundersdistrict.org.



Christine Brady, DTM

Public Relations Manager

PR Update

Greetings Founder's District Members! On June 30th, I wrapped up my tenure as Division F Director and breathed a sigh of relief as my year of service had ended. I was looking forward to serving as a mentor to the incoming Division F Director and helping Lori Shapiro shape a mentor program for our District. Little did I know, that leadership and service would come knocking again.

Fast forward to October. There was a need for someone to step in and fulfill the role of Public Relations Manager for Founder's District and would I help? After careful consideration, I accepted this new role and I am so grateful for this opportunity to serve our membership once again.

So many times, opportunity comes knocking and we just don't answer. When I was considering taking on this new role, that old friend anxiety started talking in my ear. I found myself asking "Why me? What did I have to offer the District?" After all, I don't know anything about Public Relations. But, that my friends, is precisely why I knew that I had to accept this new role.

One thing I have learned in my leadership tenure with Toastmasters is that every opportunity is an opportunity for learning and positive change. When I said yes to serving as Club President, I learned that you truly do lead by example. My club members would achieve great things if they saw me achieve great things. Saying yes to Area Director opened my eyes to the world of mentoring. As Area Director, I had the opportunity to mentor the clubs in my area and be mentored by them in return. Saying yes to Division Director taught me the value of having a strong team and gave me a strong lesson in delegating. I learned I can't do it all and that no one expects me to. In each of those scenarios, I had uncomfortable moments. I didn't say yes to any of those previous positions knowing ahead of time the full expectations of those roles. I learned by doing. I learned by

asking questions of those that had served before me. And, while I was learning, I was building a base of mentors and friends who are still available to guide me along the way.

I'm excited by the prospects of this new role. In this first month of my tenure, I've studied my role and submitted my Public Relations Plan to our District Director Dan Cossack. I am committed to working with my Public Relations team to showcase our members, clubs, and their accomplishments. We have so many wonderful members and clubs and I can't wait to help shine the light on all we do in this program year.

I have two public relations tips for all of you. The first is to make sure that you club is preparing to host an Open House Event in January or February of 2018. As we approach the new year, we need to remember that many people make New Year's resolutions to become better public speakers. This is a great time to promote your club and the Toastmasters Program in general. Once you have your flyer prepared for your event, please send it to me and I will have our social media team post your event on our social media. And, don't forget – this open house is a great opportunity for someone to complete a project in the Competent Leader manual!

My second tip is related to our incentive programs. Did you know that we have Public Relations and Club Growth Incentive Programs? You can win great prizes for your club and for yourself. We have published information for the incentive programs on the Founder's District website. For the Public Relations incentives visit this link: http://www.foundersdistrict.org/resources/public-relations/publicity and for the Club Growth Incentives visit this link: http://www.foundersdistrict.org/incentives

And, because I know you are all going to be planning open house events for January and February, Founder's District has an incentive called "Join the Club." To earn that incentive, all you have to do is host an open house and gain two new members within two weeks of your event. Just send a copy of your flyer and your new member's names to openhouse@foundersdistrict.org and you will earn $25 in Toastmasters International gifts for your club. This incentive runs year-round and is not limited to the New Year.

Thank you for giving me this opportunity to serve you, our members, in Founder's District!





Celebrating 93 Years With Smedley Club One

By Ede Ferrari-D'Angelo, DTM, PID

How might you spend your ninety-third birthday? Perhaps with a birthday cake, surrounded by people who love you, telling you how great you look for your age. Ninety-three years to the date of its first meeting, Smedley Club One celebrated its birthday that exact way, on Sunday, October 22, 2017, surrounded by members and friends, and of course, a cake.

Held at the Orange County Fire Authority headquarters, members and friends throughout Region 10 and northern California were there to be a part of the special event, and to share their thoughts on the club's legacy and continued service to the member. Dignitaries included Past International President, Alfred Herzing, Region Advisor, Rosalyn Carter, District Director, Dan Cossack, PQD, Diana Dee, Past Founders District Directors, Siri Payakapan and Pan Kao. Also there to celebrate, were Past International Director Roberta Perry, Area Director John Haro, Queen Mary Berg, members of the club, and guests, two of whom joined that afternoon.



Four guest speakers, Naomi Takeuchi, founder of 1000 Cranes, Daniel Midson-Short, who has represented Founder's District three times in the Toastmaster's World Championship of Public Speaking, Paul Clark, Past District 12 Governor, and Founder's District Director, Dan Cossack each offered a different message with a common thread. That thread was the legacy of leadership and service that began with Dr. Smedley and Club One, and continues ninety-three years later.

Club President, John Breb premiered his world-wide video project, From Club One to the World and Back. John's vision was to invite clubs from around the world to submit a short video sharing what makes their clubs special and to send a birthday greeting to the Smedley Club. The response has been overwhelming- over two-hundred clubs! That success has created a need for a website dedicated to storing and showing those videos. Watch for it soon.

The party concluded with cutting of the cake bearing Dr. Smedley's likeness, and sharing of the club's BAG (Big Audacious Goal) by yours truly. That big audacious goal is that the celebration of the club's ninety-fifth birthday will be held in Santa Ana, in the original YMCA building where Dr. Smedley convened that first Toastmasters meeting. This can happen because the building has been purchased and will soon be refurbished, with the outside preserved as an historical site. Once complete, the members will begin the effort of booking that birthday party in the place where it all started, and you are all invited.



The Home Run (DTM)

Donald T. Baliaba	Helmsmen Toastmasters Club
Arnie Lynn Catamisan Bengo	3030 Communicators
Lou Ann Frederick	Le Gourmet Toastmasters
Connie C. Haddix	Quote Masters
Claudia Kabot	Tools 2 Lead Toastmasters Club
Kimberly M. McFee	Helmsmen Toastmasters Club
Jodi Rifkin	UniMasters
Olimpo Salmoran Palomino	Ingram Microphones
Anna Shcherbak	Sensational Salesmen Club

The Triple Crown

Donald T. Baliaba	Helmsmen Toastmasters Club
Arnie Lynn Catamisan Bengo	3030 Communicators
Charlotte Jayne Drake	OC Project Masters
Lou Ann Frederick	Le Gourmet Toastmasters
Chris Gregory	Mesa Messengers Club
Jeffrey D. Lee	Crystal Clear Toastmasters Club
Jodi Rifkin	UniMasters
Frances J. Stein	Achievers Toastmasters Club
Norman W. Stein	Achievers Toastmasters Club

The Double Header

Donald T. Baliaba	Helmsmen Toastmasters Club
Arnie Lynn Catamisan Bengo	3030 Communicators
Diana Dee	Speak, Lead, Succeed Toastmasters
Charlotte Jayne Drake	OC Project Masters
Connie C. Haddix	Quote Masters
John Patrick Haro	Mesa Messengers Club
Paul Ross Hollands	The Market Place Toastmasters
Sonia Ritesh Keswani	Tongue Tamers Club
Jeffrey D. Lee	Crystal Clear Toastmasters Club
Cindy Empson Liebeck	Speak, Lead, Succeed Toastmasters
Brent C. Navarro	FCBC FV Speech Club
Thuy T. Nguyen	FCBC FV Speech Club
Kenneth O. Olson	Cypress Expressionists
Amy Rauch	HarborLites Club
Joel M. Sax	Irvine Project Masters
Anna Shcherbak	Sensational Salesmen Club
Jennifer Starling	The Back Talkers
Frances J. Stein	Achievers Toastmasters Club
Norman W. Stein	Achievers Toastmasters Club
Amar Veeramalla	The ITalkers

The Base Hit (first CL)

Diane Bullock	KBB Toastmasters
Susan M. Cameron	See Our Voices
Gary Dean Olaires Carreon	The ITalkers
Noel Dalmacio	Irvine Lunchtime Toastmasters Club
Marcus B. De Medeiros	English as a Second Language Toastmasters Club #1
Patty Field	LIFO a Toastmaster
Lynn D. Gazis	Irvine Project Masters
Sonia Ritesh Keswani	Tongue Tamers Club
Michelle Lim	Toast First
Li Lin	English as a Second Language Toastmasters Club #1
Mark David Malamut	The Back Talkers
Kelly H. Motakef	Tongue Tamers Club
Bill Heyden Nissim	Rancho Speech Masters Toastmasters Club
Kenneth O. Olson	Cypress Expressionists
Amy Rauch	HarborLites Club
Tom H. Roberts	Dove Street Orators
Joel M. Sax	Irvine Project Masters
Andy Shouse	Possibilities Unlimited Club
Jennifer Starling	The Back Talkers
Alethea "tita" Tavares	Irvine Project Masters
Sapna Misra Vadchhedia	South Orange County Toastmasters
Amar Veeramalla	The ITalkers
Cory Michael Vigil	3030 Communicators
Lorrie Williams	LIFO a Toastmaster
Lisha Yuan	Woodbridge Toastmasters Club



Fastball Award
(First 25 clubs earning 5+ DCP Goals by Dec. 31)

Area	Club	Club Name
A3	1507645	Vineyard Journeys
A5	1565170	English as a Second Language Toastmasters Club # 1
B1	4361086	3030 Communicators
B2	9873	Speak, Lead, Succeed Toastmasters
B4	3676736	Toast First
C1	870344	FCBC FV Speech Club
C2	1126127	Cypress Expressionists
C3	1498166	OC Project Masters
C5	9331	Achievers Toastmasters Club
C5	9332	Crystal Clear Toastmasters Club
D2	825670	B. Braun Toastmasters Club
D2	3672902	Irvine Project Masters
D4	3742	Second Stage Club
D5	2592	Ingram Microphones
E1	219	Irvine Lunchtime Toastmasters Club
E2	9524	ZotSpeak Club
E3	1927	HarborLites Club
F1	4421234	ThalesMasters
F3	7097	Irvine Toastmasters Club
F5	5037723	The Back Talkers
G1	7368	Possibilities Unlimited Club
G2	6658	Coastmasters Toastmasters Club
G2	6463	San Clemente Toastmasters
G3	9661	UniMasters
G4	5228	Tongue Tamers Club

HALL OF FAME

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Founder's District
Community Relations Committee
Judges Bureau

Are you a trained Toastmasters judge? Would you like to share your talent within the community as well as within Toastmasters? Would you like to help young people gain valuable speaking experience? Then the Founders District Community Relations Committee Judges Bureau has opportunities for you to spread your wings.

The purpose of the Founder's District Community Relations Committee Judges Bureau is to provide community service organizations and educational institutions with well-trained, impartial, and professional quality judges for their youth speech contests. The judges sent by the Bureau have been well trained in the organization's contest rules and judging criteria and give fair and unbiased scores based on those rules. When the results of the contest are read, the contestants, contest organizers, and audience are certain that the winners were well-deserved and best represent their organization.

Examples of community contests:

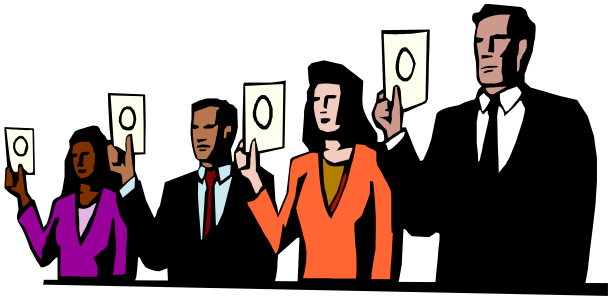
- Academic Decathlon (3-level event for high school students)
- National Management Association Speech Contest (4-level event for high school students)
- Lions Club Speech Contest (5-level event for high school students)
- Future Business Leaders of America (for high school and college students academic events)
- National Society of Black Engineers

Contests can be conducted as early as a 7:00 AM breakfast meeting, a noon luncheon meeting, a 6:30 PM dinner meeting, or even a Sunday brunch, Contests are held all over Orange County, Los Angeles County, Riverside County, and the Inland Empire.

If you are a trained judge or if you are a Toastmaster interested in community activities, we invite you to join the Judges Bureau and contribute to the visibility of Toastmasters within your community. If you are interested or would like to know more about what we do, contact me.

To see a list of community events currently seeking judges, go to the Founders District Website http://www.foundersdistrict.org/ , go to Public Relations and click on Judges Bureau.

Avis French, Judges Bureau Committee Chair,
949-667-0682
community@foundersdistrict.org





Community Competitions for 2017/2018 Begin with Academic Decathlon

By Avis French, CTM, CL

As the 2017/2018 school sessions begin, so do the speaking and academic competitions sponsored by educational institutions and service organizations. The first of those competitions is the Academic Decathlon Program.

Across the country and here in Orange County, the Academic Decathlon Program relies heavily on the willingness of volunteers to give their time, professionalism, and care. Orange County Academic Decathlon (OCAD) is celebrating 50 years of academic excellence. OCAD is sponsored by the Orange County Academic Decathlon Association and is coordinated by the Orange County Department of Education. Orange County Department of Education is seeking judges and proctors for the 2017/2018 Academic Decathlon. Although the competition takes place on two different dates, volunteers are asked to commit to only one date. General information regarding the Academic Decathlon may be found on their website at: http://www.ocde.us/Decathlon/Pages/Volunteer-Information.aspx

OCAD is the first level of a 3-level program. Winners of the Orange County competition, along with winners of other local competitions like Los Angeles Unified School District, go on to compete at the state competition in Sacramento in March. The winners of the state competitions compete in the U.S. National Academic Decathlon in Texas in April. If you are fortunate enough to judge the U.S. national competition, you will experience an exciting event.

Saturday, January 27, 2018 at Tustin High School
Interview Judges & Speech Judges needed
Judges serve on a team of two/three to evaluate student interviews or speeches using guidelines and score sheets. All judges will attend an orientation on the morning of the event.
Time commitment: 8 a.m. to 3:30 p.m.

To register as a volunteer, go to http://day1ocad.eventbrite.com

Saturday, February 3, 2018 at Westminster High School
Test Proctors & Super Quiz Proctors needed
Test proctors administer timed tests to approximately 30 students, maintain order in the test room, and distribute and collect materials. There are two proctors per room. Proctors must be objective and professional, able to clearly read directions aloud, and follow specific testing procedures. All judges will attend an orientation on the morning of the event.
Time commitment: 8 a.m. to 3 p.m.

Super Quiz proctors sit with 3 students from assigned school and correct the answer sheet according to answers displayed on screen. Super Quiz is a public event held in a school gym with 50+ teams. An orientation will be provided upon arrival.
Time commitment: 8:00 am to 2:30 pm.
To register as a volunteer, go to http://day2ocad.eventbrite.com

If you do register as a volunteer, please notify Founders District so that we can track TI participation. Notify Avis French, Chair, Founders District Judges Bureau: 949-667-0682, community@foundersdistrict.org

As the school season progresses, more speaking and academic competitions will become available that will request volunteers. Some of those competitions are:

- National Management Association Speech Contest (4-level event for high school students)
- Lions Club Speech Contest (for high school students)
- Future Business Leaders of America (FBLA) student events
- Concordia Home Schooled competitions
- DECA academic and speaking competitions
- HOSA academic and speaking competitions



News from Division D

David Shostak, DTM, PMP
Division D Director

Division D is learning about its members and club strengths and weaknesses. It has set a strategy to follow. The Area Directors are working to champion their clubs to amplify their strengths and improve upon their weaknesses.

Division D Strategy

1. Provide service to members, more than they expect
2. Find out what motivates members
3. Work to get more members & clubs
4. How can we help the members to become better?
   - Educate them
   - Ask them
5. Do they follow the TM Process? Why not!

Area Directors

The Area Directors are serving a vital role in Division D. Of all district leaders, they are the closest to their clubs and members, and are a direct link between the Division and the District.

They are doing the following to amplify strengths and improve weaknesses:

1. Visiting every club in their area at least twice a year and more frequently if possible.
   Accomplishment to date: 100% of the Division D clubs have been visited
2. Maintaining regular contact with club presidents.
   Accomplishment to date: Have done so and are continuing to do so.
3. Encouraging ideas and cooperation from clubs and members.
   Accomplishment to date: Are working with their clubs to do so
4. Supporting and motivating clubs to provide the best possible member experience, enhancing member retention and building membership.
   Accomplishment to date: Working with club officers to educate on how to retain members
5. Assisting area and the clubs in it to earn Distinguished recognition, thereby contributing to division and district recognition.
   Accomplishment to date: Have fostered a positive experience for the club. Encouraged members to complete manuals. Support the clubs in their efforts to become Distinguished.

Accomplishments from August through October:

1. Positive increase of 45 members (16%) paid dues, base 290 + 45 new = Total 303 members, 1 club was late, per TI website.

2. Ingram Microphones, 2592 and Irvine Project Masters, 3672902 have achieved and are Distinguished clubs.

3. 91% officers trained. #1 in District
4. 100% (20 of 20) clubs visited by Area Directors.

5. 40% (8 of 20) clubs visited by Division Director.

6. Division D will hold a follow up launch meeting on November 11th with Casta Del Sol HOA residents.

7. Division D started its own website; https://sites.google.com/a/foundersdivisiond.org/2017-2018/home

Obstacles:

1. The District is frugal and provides no budget for the Division Directors to use to benefit their members and clubs.

2. Some clubs have weak leadership

3. Working leads and obstacles to charter new clubs.

4. Getting the club VP of Education in some clubs to have a DCP Plan.



Rancho Speech Masters Celebrate 25th Anniversary!

by Ann Shimizu, DTM

Rancho Speech Masters Toastmasters Club celebrated its 25th anniversary on November 11, 2017. This club has been a home club to many toastmasters including the CEO of Toastmasters International, Daniel Rex.

The club invited all of their past and present members, Area Director Jean Tanquary, Division G Director Ken Spears, and Founders' District Director Daniel Cossack.

The celebration included good food, and fabulous desserts. Prizes were given out to lucky recipients, and the evening ended with music and dancing. There were reunions with old friends, chances to meet new Toastmasters, and lots & lots of laughter.

Abha Shah, Area G3 Director, and a member of the club, organized the event for her High Performance Leadership project. Together, with the help of a great team of volunteers, and President Susan Medweid, they made the event a fun and entertaining gala for everyone to enjoy.



Ann Shimizu, Linda Robinson, and Susan Medweid helped guide the HPL, as members of Abha's HPL Guidance Committee.

As an attendee myself, I can say that the Anniversary celebration was truly exceptional.



The highlight of the evening was the video of Daniel Rex, CEO, congratulating his former club, Rancho Speech Masters on achieving the milestone of 25 years strong.

Rancho Speech Masters meets every Tuesday morning at 7:05 am at the Bell Tower in Rancho Santa Margarita. Come and join in on their next meeting! You can be a part of the next 25 years!



Photo Captions - Left, Founders District Director, Daniel Cossack, DTM, attending the Anniversary celebration, Top Right, Rancho Speech Masters members are happy to celebrate 25 years, Bottom Right, Abha Shah, ACS, ALB, and her HPL Guidance Committee (Linda Robinson, DTM; Ann Shimizu, DTM; and Susan Medwied, ACS, ALB)

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Toastmaster Jose Luis Gonzalez reaches out to Community Youth

by Mike O'Neil, DTM

Toastmaster Jose Luis Gonzalez, CC, has an important message for young people facing the challenge of pursuing their education -sometimes under adverse conditions: "Throughout my journey, I learned that it's up to you to harness the drive within and make life happen. I rejected the unhappy life my childhood was trying to define for me and created the future that I envisioned as a teen. If you want a different outcome, convince yourself that it's possible and don't be afraid to take action. Remember, it doesn't matter where you start, what matters is where you end."

It's a message that Jose has delivered in a series of presentations to young audiences in the community through the Youth Motivation Task Force. The Youth Motivation Task Force (YMTF) is an organization creating a partnership between the schools and businesses of Orange County, with a mission to help increase the high school graduation rate.

As a Vice President of Membership for the Vineyard Journeys club and an Assistant Area Director for District 100 Los Coyotes Division, Area 4, Gonzalez is a busy, active Toastmaster, and he loves the program. The opportunity to use his Toastmasters skills to reach out to young people is icing on the cake.

"It's very rewarding to have the opportunity to speak to these kids in a way that could potentially change their lives by sharing my experience." Gonzalez said.

When Jose joined the Vineyard Journeys club 18 months ago, he had a modest goal - Improve his speaking for work related presentations and workplace interactions. Initially Jose had the same concerns and considerations faced by many new Toastmasters - how to overcome nervousness- would he become as confident a presenter as some of the people he observed in his new club?

Then came his Icebreaker, and immediately Jose's fellow club members knew that an important voice was in their midst. In that speech, Jose delivered a compelling message about facing and overcoming challenges in his life.

"It was clear right away that Jose had a story that was not just engaging, but something that could benefit others by inspiring them" club treasurer Linda O'Neil recalled.

As Jose refined his presentation skills though the Competent Communicator speeches, an opportunity arose to become involved with the Youth Motivation Task Force as a speaker representing Toastmasters. He has since presented 4 times at 4 different schools through that program.

According to Youth Motivation Task Force President, Travis Weaver, "Jose's speaking engagements motivate students to make important decisions regarding their education."

"We are grateful for the Toastmasters speakers who have volunteered their time to give back to the community using their presentation skills." Weaver said.

Toastmaster Chris Gregory, DTM, QS, TEDx, is a board member of YMTF and has helped facilitate opportunities for Toastmasters to present as part of that program. Toastmasters like Donald Baliaba, Kathleen Herriott, as well as Jose, have actively participated.

Herriott, a four year volunteer with the program, and Club-Distinguished Member of Surf City Speak 'n' Lead Toastmasters, commented on her involvement. "Motivation, what does it mean? Well it does not mean much without action. Action is the key thing that Youth Motivation Task Force brings to the at-risk students. As an example of persistent action, I tell the students what a college friend advised me (when I was their age), "Do something every day toward your goals, and eventually you will accomplish them."

"It gives people the opportunity to hone their craft, and to make a difference." Gregory said of the benefits of YMTF presentations.



"Jose is someone who has the ability to speak from the heart" Gregory said, "and to really connect with this audience."

What do you call Toastmasters who reach out to give back to the community? We call them outstanding!

Founder's District

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Winning Speeches, Speakers Reveal Their Secrets

by Ken Spears, ACS, CL

There are many aspects to giving a great speech. That was evident as Toastmaster Ken Spears, ACS, CL, presented his High Performance Leadership Project: Winning Speeches, Speakers Reveal Their Secrets. The goal of this project was to help Toastmasters gain valuable insight into how a winning speech is put together.

The event was held at the Bahai'i Faith Center in San Clemente on October 21st. Ken said, "I learned so much from this event. Not just about speaking and becoming a better speaker, but about the teamwork needed to bring an event like this together. I am very happy that Michael Varma was able to record this event. I want to thank my HPL committee members, David Hosmer and Michael Ostgaard for supporting me and attending the event."

Four talented Speakers were assembled. Jei'mar Spell, Greg Burns, Daniel Midson-Short and Alex Palermo. Each speaker gave a speech and then dissected it, discussing the speech's creation.

Jei'mar Spell, CC, feels that speaking from the heart and having a firm conviction about what you are talking about leads to a great speech. He outlines his speeches and then speaks from his outline.

Greg Burns uses a number of methods for his speeches. He writes the speech out, practices and records it. He then lip syncs to the speech and practices movements that help emphasize various points in the speech.

Daniel Midson-Short, CC, ALB, also writes out and practices his speeches. He rehearses the speech as much as possible, working on embodying the aspect of the story teller, and then uses audience reaction to gauge where he needs to make improvements.

Alex Palermo, CC, practices his speeches until they are all but second nature to him. He tries to use words as imagery to convey his message. He often practices while looking into a mirror, to see how he looks as he is giving the presentation.

All of these speakers have great tricks to share. You can find their speeches at the following links:
Jei'Mar Spell "Words are Seeds: Be Extraordinary": https://youtu.be/STs7m9SMNlI

Daniel Midson-Short: "Not My Problem": https://youtu.be/M4mYWRcYTX4

Greg Burns: "The Square-dance King": https://youtu.be/qJPO0aYyfuQ

Alex Palermo "Word Master": https://youtu.be/5SPr6106_iQ

I wish to express my appreciation to everyone who participated and attended the Winning Speeches event. It is because of Toastmasters like you that this HPL event was such a success!



Photo Caption:
Ken Spears, ACS, CL (organizer of the event), thanks the Speakers, Daniel Midson-Short, CC, ALB; Jei'Mar Spell, CC; Greg Burns; Alex Palermo, CC. Also present were members of his HPL Guidance Committee, Michael Ostgaard, ACB, ALB and David Hosmer, ACB, ALB.



Making Stronger Project Managers

David Shostak, DTM, PMP
Division D Director

How often are Project Managers required to be not only leaders but effective speakers? All the time! This article is about a letter written to join forces and collaborate together to make Toastmasters International and Project Management Institute (PMI), with 480,000+ members organizations stronger.

Background Information

Seven years ago, I approached the Project Management Institute - Orange County, CA chapter senior leadership on the possibility of the PMI-OC Chapter helping to support a Project Managers Toastmasters Club. As an active Toastmaster, I realized there were many benefits to Project Managersutilizing the Toastmasters program.

OCPM Toastmasters Club and PMI-OC Signed MOU

On June 8, 2010, the Orange County Project Masters Club (OCPM) 1498166, was officially Chartered by Toastmasters International. On August 1, 2010, PMI-OC and OC Project Masters Toastmasters club joined in and signed a Memo of Understanding (MOU) to develop and maintain a Toastmasters club that supports PMI-OC. A second Project Management club was started 4 years later in Irvine, CA called Irvine Project Masters, 3672902. Both clubs have been President Distinguished every year since being chartered. The OC Project Masters and Irvine Project Masters clubs focus on Project Management related best practice principles and topics.

Feedback from PMI Senior Executive

On October 20, 2017, Stephen Townsend, Network Programs Director for PMI wrote and said, "PMI and Toastmasters International have had a few cooperative engagements between our organizations at the global level over the past seven years, particularly related to benchmarking how local chapters/clubs operate and supporting a global membership base."

Currently, there are 21 Toastmasters clubs formally organized as PMI Chapter clubs in the United States, Canada, United Kingdom, Australia, Spain, Portugal, and India.

So while there is not a formal alliance between our global organizations, there are many mutually beneficial activities at several levels that are helping individuals enhance their skills and helping both PMI and Toastmasters local organizations deliver value to their members. PMI is helping to facilitate those efforts by encouraging our volunteer chapter leaders and members to share their experiences with their peers in a way that encourages involvement in Toastmasters.

If specific opportunities surface that represent activities that are best coordinated at a more global level, PMI is certainly open to exploring formal collaborative models to advance mutually beneficial objectives.

As you can see there are many supportive ways major organizations can join forces and make themselves better and grow.


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Saddleback Valley Toastmasters Celebrate 50th Anniversary

by Ann Shimizu, DTM

We all know how hard it is to keep a club going. Clubs often fall on hard times. Members leave, clubs struggle with keeping things fresh. Which is why it is such an accomplishment when a club continues to thrive.



Saddleback Valley Toastmasters Club has had their share of struggles and triumphs, but it was all worth it when they recently celebrated their 50th Anniversary.

I was lucky enough to be invited to this celebration as a past member. The night was filled with fellowship, food, and fun!

Saddleback Valley's President, Deb Ridens, CC, CL, surprised everyone present by reading a letter from Toastmasters International CEO, Dan Rex, who congratulated the club for the great accomplishment of making it to 50 years.

Several of the club's members & past members shared about the history of Saddleback Valley Toastmasters.

Joan Laing, DTM, shared about a time in the club's history when they were down to only 5 members. Those five people got together to decide what should be done, and that night made a pact to keep the club going no matter what it took.

Yousef Alinaghian, ACG, CL, spoke about a time when he was a member of another club that was on the ropes. That club combined with Saddleback Valley, creating new life where two struggling clubs had been.

Karyn Shumaker, CC, told us all about when she first joined the club. She was convinced to take on an officer role and was willing to do her part. However, right after that, several of the officers had to leave, and Karyn took on a total of 3 club officer roles for the remainder of the term to help the club. This allowed them enough time to find replacements for those offices.

As a former member, and a District officer, I shared with the members that many clubs struggle to make 5 years. Which is why I am extremely proud of this club. A club that has done whatever needed to reach the 50 year milestone.

Saddleback Valley Toastmasters Club, Congratulations on an extraordinary feat! You are 50 years strong! I can't wait to see what you do with the next 50 years!



Maria Olson; David Olson, ACB; Deb Ridens, CC, CL, (President); Amanda Skinner, CC

Quick News!

For Are You Ready for Pathways?

The new Toastmasters educational program, called Pathways, is coming to your club starting in December. You'll soon embark on a new journey of personal and professional development in this new program, designed to help you develop real-world, transferable skills in many different areas such as communication, leadership, management, strategic planning, service to others, public speaking and more.

Be a Club Coach, Club Mentor or Club Sponsor

Are you an experienced Toastmaster working towards your Advanced Leader Silver award? Volunteer to help start a new club or coach a low member club to achieve distinguished status and earn leadership credit. Send an email to cgd@foundersdistrict.org and we'll get you started. Discover the rewards advanced leadership can offer.

Incentives

Founder's District is offering many club and member incentives this year to help you get the most out of your Toastmasters membership. Check them out at http://foundersdistrict.org/incentives and earn TI Bucks and other awards. Check out the OPEN HOUSE, MEMBERSHIP BUILDING and ADOPT-A-CLUB incentives!

Speech Contests

This year, there is no Fall District Conference or Fall speech contests. The single contest season begins October 1 and ends at the Spring District Conference on April 28. The two contests this year will be the International Speech Contest and Evaluations Contest. Check the contest schedule online to find out when your area and division contests are scheduled. If you don't see your area contest listed, please contact your area director for more information, or email info@foundersdistrict.org to find out who your area director is.



In Memoriam

Colette Gardner



In Memoriam

Jack Nichols



01-20-2018

Welcome to Founder's District LACE, Leadership & Communication Experience!

LACE is an opportunity for our members and club officers to obtain high-level training and information on topics that will drive their success. It was originally developed to supplement Toastmasters club officer training requirements, but because of its high-quality, interactive workshops, it has emerged as a well-known and admired curriculum throughout the region. LACE is unique to Founder's District in affordability, scope, value, quality, diversity, and excellence.

LACE offers training for club officers, advanced officer experiences, judges and chief judge training.

LACE is for EVERYONE! All club members are welcome!

Registration

Registration is $15 and includes a box lunch. You'll get a $5 discount if you are a member of a club that had all 7 officers trained during the last training period.

Parking is located in the underground parking lot on Walnut Ave. Please download and print out a parking permit and bring with you to LACE.

Check-in at Beckman Hall (not Argyros Forum which is under construction). Turn right at the top of the steps from the underground parking lot and follow the signs. Easy to find.

Register Today

Keynote Speaker - Josephine Lee

